

10 Reasons to See A Chiropractor

People have been receiving chiropractic care for over 115 years. Dr. DD Palmer, the very first chiropractor, helped to restore a man's hearing with an adjustment. If that's not enough inspiration, here are ten more reasons we believe regular chiropractic care is so important.

1. Chiropractic has been correlated with a 200-400% increase in immune system function. Dr. Ron Pero of the New York Institute of Preventative Medicine published a paper in 1993 that showed chiropractic patients had a 200% greater immune competency compared to non-chiropractic patients.



2. Chiropractic has been linked to improved fertility for women who have difficulty getting pregnant. Multiple peer-reviewed papers have shown a correlation between previously infertile women beginning chiropractic care and soon thereafter getting pregnant.

3. Children diagnosed with ADD or ADHD have noted remarkable improvements in their focus and concentration once starting chiropractic care.

4. Nobel Prize winner Dr. Roger Sperry noted that misalignments of the spine caused a significant decrease in the energy required for thinking, metabolizing, and healing.

5. Dr. Joan Fallon, D.C. has documented over 200 cases of children with chronic ear infections who have noted significant improvements after beginning chiropractic care. If ear infections are the number one childhood disorder, wouldn't you want to give your child the ability to avoid them or heal from them without the use of medication or tubes?

6. Chiropractic has been shown to improve the overall health and well being of an individual. Removing misalignments from the spine takes pressure off of the spinal cord, which serves as the connection from your brain to the rest of your entire body. Maintaining 100% nerve flow from your brain to your body parts gives you the best

chance possible at fighting off life's physical, chemical and emotional stresses.

7. We utilize thermography and surface electromyography scans to objectively show us where you or your child's nervous and muscular systems are being compromised as a result of misalignments, called subluxations.

8. Chiropractic has been shown to benefit asthma, allergies and the chronic cold. The Journal of Pediatric, Maternal, and Family Health recently published a case study involving a seven-year-old boy who was able to discontinue his allergy and asthma medications two weeks after starting chiropractic care.

9. The "normal" headaches you're used to aren't normal and you shouldn't have to live with them. By correcting spinal misalignments in your neck, one of the most common benefits noted by patients is that the headaches they've "lived with for years" disappear.

10. Your life may depend on it. Dr. Henry Winsor, M.D., in an attempt to disprove chiropractic theory, conducted a series of 97 autopsies at the University of Pennsylvania to search for connections between diseased organs and spinal misalignments. In each, he determined the cause of death, and then followed the nerve passageways from the diseased organ to its connecting location in the spine. To his surprise, he found nearly 100% correlation between minor curvatures of the spine and diseases of internal organs.



-Anderson Chiropractic Group